



# 1. PULLED CARROT TACOS

**& STREET CORN** 







Authentic corn tortillas from La Tortilleria filled with spiced shredded carrot and salsa, finished with green goddess sauce and served with a side of cheesy corn.

#### PER SERVE

PROTEIN	TOTAL FAT	CARBOHYDRATE
7a	11a	81a

#### FROM YOUR BOX

CORN COBS	2
CONTINENTAL CUCUMBER	1/2 *
AVOCADO	1
CORIANDER	1/2 packet *
LIME	1
RED ONION	1/2 *
CARROTS	2
TORTILLAS	15 pack
GREEN GODDESS SAUCE	1/2 bottle*
SMOKED GOUDA	1/2 packet *

<sup>\*</sup> Ingredient also used in another recipe

#### FROM YOUR PANTRY

oil (for cooking), salt, pepper, ground cumin (or coriander), smoked paprika

#### KEY UTENSILS

griddle pan or frypan, frypan

#### **NOTES**

The Green Goddess sauce has a little heat from the jalapeños. For a child friendly version, you can use natural or coconut yoghurt instead.

Use a microplane or fine grater for the cheese if you have one.



#### 1. CHAR THE CORN

Heat a griddle pan over high heat. Cut corn into halves and coat with **oil**. Cook in pan for 8-10 minutes until charred and cooked through.



### 2. PREPARE THE SALSA

Meanwhile, dice cucumber and avocado. Chop coriander. Toss together with lime zest and 1/2 the juice (wedge remaining). Set aside.



#### 3. COOK THE PULLED CARROT

Heat a frypan over medium-high heat with oil. Slice and add onion. Grate carrots and add to pan along with 1 tbsp cumin and 1 tbsp smoked paprika. Stir through 1/2 cup water and cook for 6-8 minutes until softened. Season with salt and pepper.



## 4. COOK THE TORTILLAS

Warm tortillas in griddle pan according to packet instructions. Keep warm until serving.



## 5. FINISH THE STREET CORN

Coat cooked corn with 2 tbsp green goddess sauce. Grate smoked gouda on top (see notes).



### 6. FINISH AND PLATE

Assemble the tacos with pulled carrot and salsa. Serve with street corn, lime wedges and extra green goddess sauce to taste.



